



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEST SUMMER EVER



YMCA Camp Pepin Summer Camp Guide 2022

RED WING
FAMILY YMCA



New programs for all ages
starting this summer! Register
today at camppepin.org

GOALS AND OBJECTIVES

Camp Pepin aims to offer an unparalleled sense of community in which all participants (campers AND staff), regardless of ability, culture, gender, race, religion, or background, are valued and active members. Through a variety of activities, participants are empowered to contribute to a shared community



and experience the benefits inherent in a society based on collaboration, respect, and responsibility. Camp Pepin programs prepare their campers for the future by introducing and fostering the skills needed to be healthy contributing citizens of the world.



In order to achieve our vision of developing a lasting sense of community and fostering the skills necessary to positively contribute to society, Camp Pepin:

- Creates a safe and welcoming environment where campers feel comfortable stepping outside their comfort zones and trying new things.
- Provides enriching activities and programs taught by passionate and educated instructors.
- Offers varied levels of opportunities for leadership, collaboration, and teamwork.
- Inspires artistic exploration and creative expression.
- Helps campers recognize the importance of the natural world.
- Promotes the development of self-confidence and self-respect.
- Celebrates and educates about a variety of cultures from around the world.
- Encourages the development of healthy habits in daily life.
- Fosters the growth of social skills and collaboration in small and large group settings.
- Ensures that campers are having fun, enjoying the activities, and are entertained!

DAY CAMP

Open to ages 4-12

Our day camp program introduces campers to the summer camp experience without the commitment of being away from home for a week. Day campers still have all of the opportunities to participate in exciting camp activities like archery, kayaking, outdoor survival, and more – but in day camp, they get to come home and tell you how much fun they had each night!

Session 1 : June 13 – June 17

Session 2 : June 20 – June 24

- Y Member: \$205
- Non-Member: \$230

Parent Testimonials:

Our son came home very excited to tell us all about his day at day camp. We appreciated the transportation from Red Wing offered. A great variety of activities, and counselors were wonderful!



Transportation will be available from Red Wing to camp for an additional fee.

Parent Testimonials:

I would have never guessed this was [Camp Pepin's] first day camp! The organization, activities offered, and pure ease to the week was great! Our daughter came home every afternoon excited to go back the next day. Thank you for such a fun time!



TRADITIONAL RESIDENT CAMP

Summer Sampler – Ages 6-12

Camp Pepin's Summer Sampler is the perfect way to introduce your young one to the wonderful experience of overnight summer camp. Campers can try many of camp's activities, learn the traditions of Camp Pepin, and make new friends in this shorter session, designed to serve as an introduction into the Camp Pepin family.

July 5 – July 8

- Y Member: \$350
- Non-Member: \$375



Traditional Resident Camp – Ages 9-17

For over 85 years, Camp Pepin has welcomed campers from around the country to experience everything it has to offer. With a large waterfront, target range, multiple high-ropes elements, and unique skill classes, campers are guaranteed opportunities to try new skills and challenge themselves in new ways. Small, tight-knit cabin groups allow campers to develop friendships that can last long past their time at camp.

Session 1: June 26 to July 1

Session 2: July 10 to July 15

Session 3: July 17 to July 22

Session 4: July 24 to July 29

Session 5: July 31 to August 5

Session 6: August 7 to August 12

- Y Member: \$590
- Non-Member: \$615

Parent Testimonials:

Taking my daughter to camp brought me right back to my own camp experience. I attended Camp Pepin for multiple years as a child and it was always a favorite week for me. Every child should have an opportunity to attend camp!



NEW! SPECIALTY CAMPS

Parent Testimonials:

I was so proud of my camper for not choosing activities that were already familiar to him. The “safe” or familiar choice for him would be team-based sports, but instead he did high ropes - I thought he was afraid of heights!

Our specialty camps provide a perfect chance for campers with specific interests to explore and learn important skills in those areas, while still participating in the day-to-day structure of summer camp. Our specialty camps provide a focused program for campers by committing the three skill class periods in the morning and at least one of the afternoon cabin activities to their area of focus.

New Heights

Campers in the New Heights program will become the experts of our challenge and adventure courses here at Camp Pepin. During their session, New Heights campers will practice the skills needed to setup, run, and maintain the climbing wall, high ropes course, and zipline course. Participants will also work through a series of teambuilding activities to experience the necessity of collaboration and communication during challenging scenarios. At the end of the week, campers will travel offsite to apply their newfound knowledge and take part in an exciting climbing excursion!

June 26 – July 1

- Y Member: \$640
- Non-Member: \$665

Prevailing Winds

Our Prevailing Winds sailing camp is designed for campers looking to take full advantage of our incredible location on Lake Pepin. Campers will learn the ins and outs of a sailboat, the theory behind how sailboats work, and - obviously - how to sail!

Guided by certified sailing instructors, campers will put our small fleet of sailboats to good use and harness the lake breezes to work for them. At the end of the week, campers will serve as crew aboard a larger sailing craft and test their skills as budding sailors!

August 7 – August 12

- Y Member: \$640
- Non-Member: \$665



LEADERSHIP CAMPS



Leaders in Training (LIT)

AGES 13-15

The LIT program is a two-week session designed for teens who are still looking to attend camp, while also developing valuable leadership skills useful for the road ahead. As a group, LITs work through our challenge courses, assist counselors with instruction, and grow as leaders in a community – both at camp and in the “real world.” Our leadership programs focus on effective communication and collaboration, while also defining what it means to be a leader.

Two Week Session: July 24 – August 5

- Y Member: \$1400
- Non-Member: \$1450

Counselors in Training (CIT)

AGES 15-17

At the end of this two-week session, CIT campers will leave feeling confident in their leadership, mentorship, and teaching skills, and will be prepared to serve in this role both at camp, and in their communities. During the first week, CIT campers will gain insight into all aspects of a counselor’s job at camp. Mirroring camp’s own staff training, CITs will participate in a series of activities that address such topics as basic child development and behavior management, counseling techniques and best practices, communication and leadership, environmental stewardship, and community service. The second week of the CIT program acts as an internship, where CITs are placed with cabin groups where they shadow staff, and experience what it takes to be a summer camp counselor.

Two Week Session: July 10 – July 22

- Y Member: \$1400
- Non-Member: \$1450

Parent Testimonials:

Camp Pepin is the highlight of my kids’ summer. They look forward to it every year and my oldest is looking forward to being a CIT.

NEW! FAMILY CAMP ON DEMAND

Have you ever dropped your child off at camp and wished you could stay behind? Or maybe you are a Camp Pepin alum, and dream of reaching the top of the climbing wall one more time... Well, we have great news: Camp Pepin is excited to introduce a new program designed to provide the summer camp experience for the whole family! During our Family Camp on Demand sessions, families can rent out individual cabins that will be assigned exclusively to their group. Access to the waterfront is available for guests, under their own supervision. If you're looking for even more to do, guests can choose from a variety of camp activities to sign up for in order to create their own itinerary – all taught and supervised by Camp staff. Besides meals and activities, the rest of your family's stay at camp is on your own time!



Families can choose to opt into a meal plan while staying at camp, or prepare their own meals.

- Breakfast/Lunch: \$8.00
- Dinner: \$11.00

FAMILY CABIN RENTALS

Session 1:

August 23 to August 25

Three Days/Two Nights

- \$420 w/bathroom
- \$360 w/communal bathroom

Session 2:

August 26 to August 28

Three Days/Two Nights

- \$420 w/bathroom
- \$360 w/communal bathroom

Session 3:

August 30 to September 1

Three Days/Two Nights

- \$420 w/bathroom
- \$360 w/communal bathroom

*Session 4:

September 2 to September 5

Four Days/Three Nights

- \$630 w/bathroom
- \$540 w/communal bathroom

*Long Weekend – Labor Day

Families can choose which activities they are interested in during their stay from an à la carte menu of camp activities.

Summer Camp Programs	Cost
Waterfront Activities: (Kayaks, Canoes, SUPs)	\$10/day \$20/stay
Arts and Crafts Activities	\$5
Tie-Dying – shirt included:	\$15
Archery/Target Range:	\$5
Outdoor Survival:	\$5
Mad Science:	\$5

Challenge Course Programs*	Cost
Low Ropes Teambuilding Challenges:	\$20 group
Climbing Wall	\$10
Giant Swing:	\$10
Faith Pole:	\$15
Ropes Course:	\$20
Zipline Course:	\$20

* Activities based on availability – Prices are based on a per person rate

ENROLLMENT

	DATES:	Ages 4-5	Ages 6-7	Ages 8-9	Ages 10-12	Ages 13-15	Ages 16-17
Day Camp Y Member: \$205 Non-Member \$230	Session 1 6/13 - 6/17 Session 2 6/20 - 6/24	X	X	X	X		
Summer Sampler Y Member: \$350 Non-Member \$375	Session 1 7/5 - 7/8		X	X	X		
Traditional Resident Camp Y Member: \$590 Non-Member \$615	Session 1 6/26 - 7/1 Session 2 7/10 - 7/15 Session 3 7/17 - 7/22 Session 4 7/24 - 7/29 Session 5 7/31 - 8/5 Session 6 8/7 - 8/12			X	X	X	X
Specialty Camps Y Member: \$640 Non-Member \$665	New Heights 6/26 - 7/1 Prevailing Winds 8/7 - 8/12				X	X	X
Leaders in Training Y Member: \$1400 Non-Member \$1450	Session 1 7/24 - 8/5					X	
Counselors in Training Y Member: \$1400 Non-Member \$1450	Session 1 7/10 - 7/22						X

Discounts:

Additional Siblings Discount:
\$25 off for each additional sibling that attends camp!

Additional Sessions Discount:
\$25 off any additional sessions in Summer 2022.

See our website for more information about our payment plans and scholarships.



REGISTER TODAY
AT camppepin.org

**BEST
SUMMER
EVER!**

**DON'T JUST
TAKE OUR
WORD FOR IT...**

Parent Testimonials:

My children are homebodies, and they both LOVED camp. They were so sad when it was over. What wonderful, personable counselors! You're an exceptionally kind, patient, and tenacious group.



Parent Testimonials:

Our daughter was nervous to go to sleepaway camp, but she was so energized, happy, and confident when we picked her up.

Parent Testimonials:

Our camper had an absolutely amazing time. We are incredibly happy with how much confidence she gained in just one week of camp. You guys continuously encourage campers to try new things even if they are scared to do so. She came home and jumped right in to help at home and with her younger cousins; something she has always done, but her patience and way of working with them was better than it ever has been. This was largely in part due to skills that camp taught her about encouragement, working with others, and compromise - both during cabin and all-camp activities.



Parent Testimonials:

I was so nervous, as my boys have never been away from home longer than a night. They LOVED camp and had tears the first night back due to missing it. I loved hearing all their fun songs and the simple things the counselors did to make it fun!



Parent Testimonials:

Our camper had a blast! She learned, met new friends, and made it the whole week - on year 1!

WHAT ACTIVITIES DOES CAMP PEPIN HAVE?

We take pride in the variety of daily skill classes we offer for campers to choose from each week. All of our counselors have unique and interesting skills and passions, and we seek to channel that into the creation of valuable, exciting, and rewarding course curriculum. During staff training, time is devoted to learning best practices of instruction, and creating quality skill class plans that build on the strengths and interests of the counselors. This way, we can ensure that all classes offered are taught by instructors who are knowledgeable and enthusiastic about the content, and we can offer a spectrum of courses that meet the needs and interests of all of our campers.



Previous Skill Classes Include:

- Creating Writing
- Team Sports
- Improv
- Build-a-Buddy/Sewing
- Painting and Drawing
- American Sign Language
- Team Sports
- Karate
- Secret Agent
- Outdoor Survival
- Spanish
- Dance
- Mad Science
- Boating
- Percussion
- and more!

Because of Camp Pepin's gorgeous location on Lake Pepin, there is a wide variety of waterfront activities available, including **swimming, kayaking, canoeing, sailing, standup paddleboarding, fishing, or taking a ride on the pontoon.** Rest assured knowing that all waterfront activities are conducted under the watchful eye of a Red Cross-certified Lifeguard.



Parent Testimonials:
Archery was his favorite and now each day he's out practicing!

Within our extensive backwoods area, we have constructed a number of challenging ropes course events, including: a climbing wall, the Faith Pole, the Giant Swing, the Ropes Course, and a Zipline Course!

Led by trained staff, these activities are opportunities to build confidence, teamwork, and teach the importance of safety procedures, while also having a blast. Campers can also participate in a variety of target sports at our dedicated ranges - like archery, slingshots, or rifles - all supervised by experienced staff.



OUR STAFF



We recognize the importance of having quality staff at Camp Pepin. Parents are entrusting us with their children, expecting us to be prepared for any situation, and to provide a valuable and rewarding experience. Campers are expecting to have a blast, try exciting new activities, and form lifelong memories and friendships.



To ensure that our staff meets the expectations of our parents and campers, we incorporate guidelines provided by a number of organizations in the summer camp business.

As a member of the **American Camping Association**, we undergo a thorough peer review of our operations, from staff qualifications and training to emergency management.

ACA holds a strong reputation in the camp community as a leading authority for summer camps and youth development. Our staff training program includes in-depth instruction on emergency procedures, youth development, best practices in teaching, conflict management and resolution, risk management, and Red Cross First Aid/CPR certification.

We intentionally build our staff to be diverse – inviting leaders with a variety of backgrounds, personalities, and skills to become a member of our team and family. With the mentality of “campers first,” we set out to ensure that all campers will have at least one staff member they can create a connection with, and feel as though they belong at Camp Pepin. A diverse staff also provides opportunities for campers to learn more about new places, cultures, and people – especially from our international staff – and allows for campers to practice interacting with those who are different than themselves.





YMCA Camp Pepin
 W10915 E Lake Dr
 Stockholm, WI 54769
 651-800-9316 • camppepin.org

YMCA Camp Pepin is **less than 1.5 hours** from the Twin Cities, Rochester, Eau Claire, and La Crosse!



BEST SUMMER EVER!

REGISTER TODAY
 at camppepin.org



**FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY**

IT'S TIME TO REGISTER FOR CAMP!



BEST SUMMER EVER!